

**Goodland Activities Center
T-BALL RULES/REGULATIONS**

Ages for this group are 4-5 year olds.

Games will be 2 innings or 45 MINUTE time limit.

An inning is complete after every player has batted.

Outs are not recorded.

A limit of 2 coaches on the field at one time.

BATTERS HIT OFF OF A TEE, NO PITCHES IN THIS LEAGUE.

Please have runners only take one base at a time on over-throws.

This is an instructional league, but some rules must be applied in order for the kids to learn. Please remove a player if called out at bases.

There is no stealing or leading off.

Helmets must be worn by all batters/runners. A player may choose to wear their own helmet.

**Your practice equipment is also your game equipment
Please turn in at the end of the season.**

**Please remember the most important mission for
this league is to have fun and learn the game!**