

Goodland Activities Center  
ROOKIE RULES AND REGULATIONS

Games will be 4 innings or until a winner is established.

For the first 2 weeks, it will be 5 allowed pitches. The final 3 weeks, we will switch to up to 5 pitches or 3 swinging strikes called, whichever comes first.

5 runs or 3 outs per inning. The 4th inning is either 3 outs or once through the lineup.

9 players on defense.

Every player must play 2 defensive innings.

No stealing, leading off, or bunting.

Base distance is 60 feet.

3 innings must be completed for an official game.

ALL BATTERS/RUNNERS MUST WEAR HELMET NO EXCEPTIONS.

If a runner is more than half way to a base on a dead ball, he or she gets that base.  
(This will be up to the umpire. )

Every team must provide a catcher. Catcher's gear is required for games.

Team listed first on schedule has infield first.

Sliding is allowed.

No infield fly rule.

Runners may advance only one base (including home) on an overthrow.

Runners can not advance home on a pitcher to catcher error.

There will be one week of warnings for thrown bats. Will result in an out by week 2.

Please teach this in practice!

SPORTSMANSHIP IS A REQUIREMENT TO PLAY AND COACH GAC BALL.  
DISRESPECTFUL AND UNRULY BEHAVIOR WILL NOT BE TOLERATED.  
DO NOT CHARGE THE FIELD, DO NOT ARGUE WITH THE UMPIRES, DO NOT  
DISPLAY INAPPROPRIATE BEHAVIOR. IF ANY OF THESE RULES ARE ABUSED,  
YOU WILL BE ASKED TO LEAVE THE FIELDS. A SPECIAL MEETING WITH THE  
DIRECTOR AND GAC BOARD WILL BE MANDATORY FOR A COACH/PLAYER TO  
RESUME PARTICIPATION.

Enjoy the summer...teach...learn...and have fun.

Any questions, comments, or complaints need to be addressed to  
Tess Smith GAC Director, 890-7242.

