

GAC COED VBALL RULES

PLEASE DO NOT GO ONTO THE GYM FLOOR UNTIL GHS PRACTICE IS FINISHED. THEY HAVE FIRST PRIORITY;
OUR GAMES BEGIN AS SOON AS PRACTICE IS OVER.

1. All teams must have rosters and fees turned in before the first league game. There are no limits on team rosters, but a player must play in at least one league game to be eligible for tournament play. You may only play with your original team during tournament play, no borrowing from other teams during tournament play.
2. High school students must be at least 16 to play, but they must not be involved in a high school activity at the time.
3. Co-ed teams must start and play with an even number of males and females. A minimum of 2 males and 2 females are required to start the game. Note- opposing team captains may allow variations in the number of players and the male to female ratio.
4. SCORING- all games will be rally point scoring. Games 1 & 2 will be to 21, must win by 2. Third game is 1st team to 15 wins.
5. NO KICKING ALLOWED will result in an automatic point and ball for the opposing team.
6. Net serves are good, no net contact, catching or throwing the ball, or center line violations.
7. In the JR High gym balls CAN NOT BE PLAYED OFF THE WALL, if it hits the above basketball goals it's an automatic side out, ball and point awarded to the opposing team.
8. Substitutions are to be made on dead balls. Players waiting to sub in should be stationed on the side line for their respective teams.
9. Serves may not be blocked at the net. A Block must be when a player is at the net with both arms vertical, one arm blocks will be considered hits.
10. Before the ball is returned a girl or guy must touch the ball. The only exceptions to this rule are; any player may return the ball back over the net on a serve; a player is digging a spike by the opposing team. A guy may spike on 1st hit attempt back over the net. Example: on a single play at the net a guy can be the 1st and only hit back over the net. A spike is considered when a player forcefully hits the ball in a downward motion while at the net.

11. IF THE SCORER HAS TO MAKE A CALL, THE CALL IS FINAL. PLEASE ALLOW CALLS TO STAND WITHOUT ARGUMENT OR HARSSMENT. PLEASE RESPECT THE JUGEMENT OF THE SCORE KEEPERS AND THE OPPOSING TEAM. THE SCORE KEEPERS ARE NOT OFFICIATING THE GAME, BUT SHOULD YOU NEED THEIR JUDGMENT THEY HAVE THE FINAL SAY IN ANY VIOLATION. SHOULD YOU CHOOSE TO ARGUE, YOU WILL BE ASKED TO LEAVE THE GAMES FOR THE NIGHT, AND SHOULD THERE BE A 2ND VIOLATION YOU WILL BE ASKED TO LEAVE THE LEAGUE BY THE GAC DIRECTOR.
12. EACH TEAM SHOULD USE THE HONOR SYSTEM AT ALL TIMES FOR ANY VIOLATIONS THAT MAY OCCUR. CALL CARRIES, NET VIOLATIONS, AND ANY OTHER VIOLATIONS ON YOUR OWN DURING THE COURSE OF PLAY. ESTABLISH FROM THE BEGINNING OF THE GAME AND STAY CONSISTANT THROUGH THE WHOLE GAME. REMEMBER THIS IS A RECREATIONAL LEAGUE AND WE ARE ALL HERE FOR A FUN, RECREATIONAL ACTIVITY.
13. IF CHILDREN ATTEND WITH PLAYERS, PLEASE KEEP THEM OFF THE PLAYING FLOOR. YOU ARE RESPONSIBLE FOR YOUR CHILDREN, SO THAT THEY ARE NOT RUNNING ALL OVER THE GYMS. GAC STAFF WILL NOT BABYSITTERS AND WILL NOT BE RESPONSIBLE FOR YOUR CHILDRED. PARENTS OF HABITUALLY DISRUPTIVE CHILDREN WILL BE ASKED TO LEAVE.
14. PLEASE NO BOOTS, OR MUDDY SHOES ALLOWED ON THE COURTS, PLEASE OBSERVE THE GENERAL RULES OF THE MAX JONES AND THE JR HIGH. GAC AND GHS ARE NOT RESPONSIBLE FOR LOST, STOLEN OR BROKEN PERSONAL ITEMS.
15. GAC WILL PROVIDE 4 GAME VOLLEYBALLS, SHOULD YOU WANT A BALL FOR WARM UPS YOU WILL NEED TO BRING YOUR OWN.
16. TEAMS THAT ARE MORE THEN 5 MINS LATE WILL FORFEIT THEIR GAME. EACH TEAM CAPTAIN IS RESPONSIBLE FOR THEIR TEAM'S BEHAVIOR, SHOULD THE DIRECTOR OR OVERSEER OBSERVE UNSPORTSMANLIKE CONDUCT OR RECEIVE NUMEROUS COMPLAINTS, A FORFIET OR POSSIBLE LOSS OF PLAYING PRIVILEGES COULD OCCUR.

REMEMBER HAVE A FUN AND A GREAT SEASON

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SCHEDULES MAY BE FOUND AT: WWW.GOODLANDGAC.COM, OR GAC Facebook page the week of games