

Triathlon information:

Registration deadline is July 31st.

Race Day is August 3rd

Race will begin at 7:00 AM at Steever Park

1st event will be a 400 yard swim

2nd event will be 5 K run

3rd event will be Biking

Maps of biking & running events maybe found on GAC website

www.goodlandgac.com

All events will begin and end at Steever Park/Pool

2 divisions to pick from

Team or Individual

Competitive or Non Competitive

\$15.00 per person

Must have 10 participants or the race maybe cancelled

We will also offer just a 5K run that morning please fill out the 5 K registration for and return to the GAC.

\$15.00 per person

Race will begin at 7AM

Same course as Triathlon 5K.

For more information please contact the GAC @ 890-7242

Or email director@goodlandgac.com